



DISCIPLESHIP PASSAGES

Discipleship Passages are a way that SALT students own their own faith journey and get intentional about growing in their walk.

How Passages Work

1. Each SALT student is required to complete at least one passage a year (but no more than two in a year). They can choose to work through the passages in any order, but they can only work on one passage at a time.
2. Students must meet with parent and mentoring triad to discuss and plan each passage. Parents, mentoring triad, and SALT staff must approve of each student's proposal prior to starting the passage.
3. Students must write a proposal before, keep a journal during, and write an evaluation after.

Service	Fasting	Study	Body Life	Solitude	Prayer
Loving, thoughtful, active promotion of the good of others and the causes of God in our world, through which we experience the many little deaths of going beyond ourselves.	The voluntary abstinence from an otherwise normal function—most often eating—for the sake of intense spiritual activity.	The intentional process of engaging the mind with the written and spoken Word of God and the world God has created in such a way that the mind takes on an order conforming to the order upon which it concentrates.	Engaging with other disciples in the common activities of worship, study, prayer, celebration, and service, which sustain our life together and enlarge our capacity to experience more of God.	The creation of an open, empty space in our lives by purposefully abstaining from interaction with other human beings, so that, freed from competing loyalties, we can be found by God.	Interactive conversation with God about what we and God are thinking and doing together.